



Twin Pike Family YMCA:



# Indoor Triathlon

**March 21st | 10:00AM-12:00PM**

**Swim, Bike, & Run as far as you can!**

**30 minutes allotted for each event with 10 minute breaks**

**Prizes for division winners and overall winners**

**Registration: 9:00AM Start Time: 10:00AM**

**\$25/member \$30/non-member \$20/12U**

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